

## HERE IS WHAT IS NEW...

### 08/06/2015

Hello students! It's certainly a lot colder now, and many people are coming down with an illness. We hope you all stay well this winter, so you don't miss out on any classes! Make sure you get plenty of rest, and stay warm. Keep up your vitamin C – and your homework. Have a blockbuster week!

# VERB OF THE WEEK

### To Dream, Dreamt

[dreem]

verb (used without object), dreamed or dreamt, dreaming.

1. to have a dream. *Phillip keeps having bad dreams, making it impossible for him to get a good night's sleep.* 

2. to indulge in daydreams or reveries: *She dreamed about vacation plans when she should have been working*.

3. to think or conceive of something in a very remote way (usually followed by *of*): *I wouldn't dream of asking them for money*.

verb (used with object), dreamed or dreamt, dreaming.

4. to see or imagine in sleep or in a vision. *Every now and then, Isabella will dream about her late husband.* 

5. to imagine as if in a dream; fancy; suppose: to dream about winning the lottery.

6. to pass or spend (time) in dreaming (often followed by *away*): *to dream away the afternoon*. adjective

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7. most desirable; ideal: *a dream home*.

### WORD OF THE WEEK

#### **Dream:**

[dreem]

noun

1. a succession of images, thoughts, or emotions passing through the mind during sleep.

2. the sleeping state in which this occurs: a dream state.

3. an object seen in a dream.

4. a vision occurring to a person when awake, either voluntarily or involuntarily.

5. an aspiration; goal; aim: A trip to Europe is his dream.

## PHRASAL VERB OF THE WEEK

### To lose sleep...

to be worried and unable to relax because of something. This phrasal verb can be used literally, to refer to difficulty sleeping, or figuratively.

There have been significant cutbacks at the factor where Jim has worked for 26 years, and he's worried his job might be on the line. He's been losing sleep thinking about how he would pay the bills.

An asteroid could hit the earth, but it's not something you should lose sleep over.

After 18 months of hard work on her second book, Emily's publisher rejected her manuscript! However, Emily isn't losing sleep over it. She's a great writer and a savvy businesswoman, and plans to pitch the book to other publishing companies.

# **EXPRESSION OF THE WEEK**

**Sick and tired:** To be angry and bored, or exasperated, by something unpleasant which has been occurring for too long. Can also be said as "sick to death".

Jenna was sick and tired of her husband being so lazy. She would spend all weekend cleaning the house and looking after their children, while Daniel just sat in front of the television, watching sport.

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Harry's neighbours seem to party every night of the week, and even the strongest earplugs can't block out the sound! He is sick to death of the noise, and just wants some sleep!

Moira's boss was a total control freak, and his demands meant she had no free time. She became sick and tired of his constant orders, and quit her job last week.

### **QUOTE OF THE WEEK**

"Laugh, and the world laughs with you. Snore, and you sleep alone." - Anthony Burgess

### **DID YOU KNOW?**

Did you know there is a whole subculture of people practicing what is called lucid or conscious dreaming? Using various techniques, these people have supposedly learned to assume control of their dreams and do amazing things like flying, passing through walls, and traveling to different dimensions or even back in time.

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